



Teaming Up for a Healthy TomorrowSM — a program from Aetna and Magic Johnson Enterprises. Our goal is to help improve health and wellness in our urban communities.

Choosing a health plan

Sometimes, it's confusing to choose a health plan.

That's because there are different types of health plans. And these plans work differently. But they all provide coverage for certain health care services.

It's a smart idea to ask questions before you choose.

Questions to ask

Does the plan I'm looking at:

- include the doctors and hospitals I want?
- have the types of benefits I need, like coverage for prescriptions or eye care?
- cover preventive care, like yearly checkups or vaccines?
- include care for health problems I already have?
- offer services when and where I need them?

Also:

- Is the plan affordable?

If cost is a worry

Sometimes, it may be difficult to pay for a health insurance plan.

There are options that may help you find one that is affordable. You can:

- Find out if your state has a program that offers health insurance for free or at a reduced cost. There are also federal government programs that can help.
- Check out Insure Your Health. It's at **www.PlanForYourHealth.com**. This website provides information on federal and state resources.
- Call the programs you think fit your needs. Ask if, and how, you qualify for help.

Health insurance can bring peace of mind. So look into your options today.

Use the Web to get smarter about your health

www.PlanForYourHealth.com
www.communityvitality.com



We want you to know[®]



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